



COVID-19 VACCINE FAQ's

Does Century Park Associates Recommend that Residents and Associates get the Vaccine?

Yes, Century Park Associates encourages residents and associates at its affiliated communities to make an informed decision to receive the vaccine. We have seen that COVID-19 often has a greater detrimental impact on our residents due to their underlying health conditions more than it impacts the general population.

Will workers at Century Park affiliated communities be required to take the vaccine?

At Century Park Associates, we believe each individual should make informed decisions about the healthcare they receive. At this point, state governments have not mandated that healthcare workers take the vaccine in order to work in an AL community. Therefore, Century Park Associates is currently encouraging all healthcare providers to take the vaccine but is not requiring it. We will continue to monitor the recommendations of individual states, and should the federal or any state government change its policy and require vaccination, CPA will adjust its position accordingly to comply with government and legal obligations.

Will Residents at Century Park affiliated communities be required to take the vaccine?

As with associates, Century Park believes it is vital that each individual resident and/or their legal representative make informed decisions about the healthcare the resident receives, and we also encourage them to consult with their primary physician for guidance. As such, while Century Park Associates is encouraging all residents to take advantage of the FDA- authorized vaccines, it is not requiring residents to take the vaccine.

Who will administer vaccines for Century Park residents and associates?

CPA communities work with CVS and Walgreens in partnership with Pharmacy Parties. Our pharmacy partners – CVS Pharmacy and Walgreens– will be setting up clinics in all communities. Injection-certified pharmacists from CVS/Walgreens Pharmacy will administer the vaccines, similar to getting a flu shot at your local pharmacy. In some locations, local health departments may vaccinate associates if available.

Will all Century Park Associates communities have access to the vaccine?

Yes, all 42 of our communities have registered to have the vaccine administered to associates and residents.

When Will the Vaccinations Start?

As soon as the pharmacy receives the vaccines, we are ready to begin.

Will More Than One Dose Be Required?

The current FDA-authorized vaccines require two doses, and it is imperative that both doses are administered in accordance with timelines provided by the manufacturer. The timeline details of the currently authorized vaccines, as well as any future vaccines, will be discussed with residents and associates during the registration and consent process.

Will Those Who Have An Active Case of COVID-19 Receive the Vaccination?

Century Park Associates will follow CDC guidance on vaccinating those with active cases and those who have had prior cases of COVID-19. Right now, the CDC requires any persons who tested positive in the past 14 days, to meet the criteria as "resolved".

What Will the Vaccine Cost?

The vaccine is free of charge to associates and residents. A resident's or associate's insurance will be billed by the administering pharmacy. For those without insurance, the administering pharmacy will work with the government's COVID-19 Program for Uninsured Patients regarding payment.

Are There Any Side Effects I should be Concerned About?

Side effects will be shared by the drug manufacturer. As with any medication (over the counter or prescribed), there may be side effects. CPA encourages all its residents and their families, as well as associates at local communities, to review information from official health experts such as the Centers for Disease Control and Prevention and the American Medical Directors Association to make an informed decision about the vaccination.

How is the Vaccine Given?

The vaccines are given in 2 doses, either 3 or 4 weeks apart. Clinical studies show that the vaccine's side effects are minimal and temporary, primarily site redness and pain, fatigue, muscle or bone pain (and usually develop after the second dose).

What Were the Results of the Clinical Trials? How Do I know It's Safe?

The Moderna Trial had 30,000 volunteers, with 196 cases of symptomatic covid-19 developing. 185 of those were in the placebo group, and 11 of those had gotten the vaccine. Of those 196 cases, 30 people developed severe COVID disease, and one person died. All of those with severe illness and the one death occurred in the placebo group. No one who received the vaccine developed severe COVID disease or died.

The Pfizer Trial had 44,000 volunteers, with 170 of them developing COVID-19. 162 of the 170 were in the placebo group, and 8 of the 170 volunteers who developed COVID received the

vaccine. 10 of the 170 participants who got COVID developed severe disease, with 9 of those 10 in the placebo group and only 1 in the vaccine group developing severe illness; there were no deaths.

I Have Underlying Health Conditions and Am Nervous About Taking a New Vaccine.

We encourage anyone with underlying health conditions and concerns to seek medical advice from their primary physician.

Underlying health conditions put one at significant risk for developing severe life-threatening complications from COVID-19, including respiratory failure, pneumonia, acute respiratory distress syndrome, septic shock, stroke, heart attack, disseminated intravascular coagulation syndrome, multiple blood clots (deep vein thrombosis, pulmonary embolism), chronic fatigue, acute liver failure, acute cardiac injury, and death.

These vaccines have been shown to reduce the risk of developing COVID-19 and significantly reduce the risk of developing severe COVID-19 disease and its complications. Their side effects are transitory and include injection site redness and pain, fatigue, and muscle or bone pain.

I don't Want to Be a Guinea Pig; I'd Rather Wait a Year. What Should I Consider?

Currently, the numbers of COVID-19 cases in the U.S. are rising rapidly, with over 2500 Americans now dying daily. That is two Americans dying every minute of every day from Covid-19. Those numbers make it urgent to get vaccinated as soon as possible.

The name "Operation Warp Speed" does make it sound as if the vaccine trials were rushed. But this was political marketing hype and does not reflect how vaccines are developed by health organizations and medical research centers worldwide. Remember, many vaccines may come to market over the next year. The first two that will be available in the U.S. (Pfizer and Moderna) are mRNA vaccines and work in the same way. These mRNA vaccines use technology that has been around for decades and is not new. These two vaccines have gone through the same clinical trial phases that annual flu vaccines go through.

Do these vaccines change your genetic code?

Your genetic code is in your DNA. These messenger RNA instructions direct your muscle cells (and only those at the vaccination site) to make part of a spike protein to trick your body into developing antibodies and immune response. It does not go into your DNA.

References:

<https://www.cdc.gov/vaccines>

<https://www.pfizer.com/news/press-release/press-release-detail/pfizer-and-biontech-conclude-phase-3-study-covid-19-vaccine>

<https://investors.modernatx.com/news-releases/news-release-details/moderna-announces-primary-efficacy-analysis-phase-3-cove-study>